

CCSA HUNGER WALK 2010

INSTRUCTIONS FOR WALKERS

Consent Forms

Consent forms will be available on the day of the event and must be signed before a walker will be allowed to participate in the CCSA Hunger Walk.

Children and youth 17 and under who desire to walk in the event must have the consent form signed by a parent or guardian.

Donation Envelopes

This is a fundraising event for the Community Christian Service Agency. All money will go directly to the CCSA program to help fight hunger in San Diego.

Ask families, friends, and neighbors to help fight hunger by making a donation to CCSA. Print their name, phone number, and amount of the gift on the donation sheet on the outside of the envelope.

Make checks payable to CCSA Hunger Walk. Donors should be reminded that a cancelled check is the receipt for a tax-deductible gift.

Place all of the donations you collect in the Hunger Walk Donation Envelope. The city doesn't want funds to be collected at the walk. **Prior to April 24th, return the Hunger Walk envelope to one of these places:**

1. Give it to the recruiter at your church.
2. Deliver or mail it to CCSA Hunger Walk – Clairemont Center, 4167 Rappahannock Avenue, San Diego CA 92117.
3. Bring it to St. Mark's United Methodist Church on Sunday, April 18, between 1 p.m. and 3 p.m. We will be in the office area just south of the sanctuary.

Safety

In order to promote unity and make walkers more visible, you are encouraged to wear a blue T-shirt on the day of the event. CCSA Hunger Walk T-shirts are available for \$10 from Leslie Paul at the CCSA Advisory Council meetings or call her at 858-254-5236.

Skateboards, in-line skates, motor scooters and bicycles are hazardous to walkers, so please leave them at home for this event. Strollers, wheelchairs, and wagons are welcome!

Dogs are welcome at the walk, but we request they be kept away from the crowd of people at the registration table. Dog sitters will be available for your dog while you register.

All walkers are requested to walk only on the sidewalks. Please be respectful of other pedestrians.

Event Day

The CCSA Hunger Walk is **Saturday April 24, 2010** at 8 a.m. at DeAnza Cove. Please arrive early for check-in! We want to take a group picture of each church's walkers prior to the walk.

DeAnza Cove is located at 3000 East Mission Bay Drive in northern Mission Bay Park. Look for the Hunger Walk signs on the grassy area near the pavilion. The registration tables and starting line are nearby. Warm up exercises start about 7:40 a.m. The walk is a 4.2 mile, out and back course on the Mission Bay sidewalk.

Please join us for treats and festivities after the walk. About 9:30 a.m. we will recognize all the different groups of walkers.